



Through Rose Colored Glasses Pre-Sale Now Open

-Donna Deegan's New Book Shares the Story of her Personal Journey-

Jacksonville, Fla. (August 28, 2009): Three-time breast cancer survivor, Jacksonville native, and First Coast News Evening Anchor, [Donna Deegan](#), is announcing today the opening of pre-sales for her second book, [Through Rose Colored Glasses: A Marathon from Fear to Love](#).

Taking readers along her personal journey, Deegan chronicles the creation of a race that now draws thousands from all over the country and the world, [26.2 with Donna: The National Marathon to Finish Breast Cancer](#), while running her own personal marathon: letting go of fear, and learning to heal by seeing the world through a different lens.

"Every time I've had breast cancer it has moved me forward," says Deegan. "I've learned that placing myself in perpetual 'fight' mode doesn't promote healing, it only adds stress, and stress is the trigger for so much disease. It's time to take the 'fight' out of cancer and take a different view. But ultimately this isn't a book about breast cancer. It's a book about life. We all face struggles, we all face fears. I've learned that it's not until we let go of fear and begin to embrace love that we can heal. I want to share that with people."

Through Rose Colored Glasses is available for [pre-sale](#) at www.throughrosecoloredglasses.com, with expected shipment during the month of October. A pre-sale purchase will guarantee a first printing copy of the book. Deegan's first book, [The Good Fight](#), sold out of its first printing in a few weeks.

A portion of the proceeds from this book will go to the 26.2 with Donna Foundation. This 501c3 charitable organization raises funds for continued breast cancer research at [Mayo Clinic](#) while also fulfilling the critical needs of the underserved living with breast cancer through [The Donna Foundation](#).

About *Through Rose Colored Glasses*: Donna Deegan was only months from realizing her dream of launching the nation's first national breast cancer marathon when she was diagnosed with the disease for the third time. While still committed to the race, Deegan began searching for answers beyond the conventional. As she opened one door, it led to the next. What started as a quest for a cure became a physical and spiritual rebirth. Deegan takes us along on her journey with great candor and humor. From the creation of a race that now draws thousands from all over the country and the world, to her very personal marathon from fear to love. This book is a must read for anyone who has ever struggled to overcome fear. Its simple yet powerful message contains the secret to life itself.

About Donna Deegan: Deegan is a well-known journalist, philanthropist and marathoner. As a three-time breast cancer survivor, she is the founder and president of The Donna Foundation, which funds the critical needs of undeserved women living with breast cancer. She is also the founder of 26.2 with Donna, the nation's only marathon dedicated solely to breast cancer research and care. Deegan has authored two books, *The Good Fight* and *Through Rose Colored Glasses*. She is an evening news anchor for First Coast News, Gannett Broadcasting's NBC and ABC affiliate station, in Jacksonville, Florida.

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