

## Firaya Sultanova - Zhdanova.

**Date of birth:** 04/29/61

**Place of birth:** Tyukovo, Tatarstan.

**Present hometown:** Nabereghnie Chelni, Russia.

**Event specialty:** sub-marathon and – marathon road race.

**Marital status:** married.

**Personal best:**

**5000m** - 15:13:46 (1996);

**10km** - 31:59:00 (1996); **20km** – 1:05:12;

**½ marathon** – 1:09:29; **Marathon:** 2:27: 05 (2003);

### 2007 - 2008:

01/20	Naples. FL.	Naples Daily News ½ Marathon.	1:17: 30	2 <sup>nd</sup> .overall
12/09	Dallas, TX.	Dallas White Rock Marathon.	2:37:44	2 <sup>nd</sup> .overall
11/22	Jacksonville.FL.	Outback Steakhouse ½ Marathon.	1:14:38	1 <sup>st</sup> .overall
11/03.	Jacksonville.FL.	Native Sun Mandarin 10k.	34:42	1 <sup>st</sup> .overall
10/28.	Jacksonville.FL.	Evergreen Pumpkin Run 10 Mile.	58:02	1 <sup>st</sup> .overall
10/07.	Washington, DC.	Army Ten-Miler.	58:31	1 <sup>st</sup> .overall
07/08.	Utica, NY.	Utica Boilermaker Road Race 15k.	52:52	1 <sup>st</sup> .masters
07/04.	Atlanta, GA.	Peachtree Road Race 10k.	34:01	1 <sup>st</sup> .masters
06/02.	Albany, NY.	Freihofer's Run for Women 5k.	16:42	2 <sup>nd</sup> .masters
05/31.	Huntsville, AL.	Mercedes Benz Cotton Row Run 10k.	34:06	1 <sup>st</sup> .masters
05/12.	Grand Rapids, MI.	Fifth Third River Bank Run 25k.	1:34:05	2 <sup>nd</sup> .masters
04.07.	New Orleans. LA.	Crescent City Classic 10k.	36:25	3 <sup>rd</sup> .masters
03.31.	Charleston, SC.	Cooper River Bridge Run 10k.	35:43	4 <sup>th</sup> . masters
03.24.	Mobil, AL.	Azalea Trail Run 10k.	36:30	3 <sup>rd</sup> .masters
03.17.	Virginia Beach, VA.	Shamrock Sportsfest 8k.	28:24	1 <sup>st</sup> . masters
03.10.	Jacksonville.FL.	Gate River Run 15k.	54:06	3 <sup>rd</sup> .place
02.18.	Austin, TX.	AT&T Austin Marathon.	2:40:55	3 <sup>rd</sup> .place
02.03.	San Petersburg.FL.	Suncoast Classic 10k.	35:01	2 <sup>nd</sup> .place
01.27.	San Augustine, FL.	Matanzas 5km.	16:32	2 <sup>nd</sup> .place
01.14.	Houston, TX.	Aramco Houston Marathon.	2:39:06	3 <sup>rd</sup> .place

### 2006:

11.25.	Jacksonville, FL.	Outback Steakhouse ½ Marathon.	1:15:58	2 <sup>nd</sup> .place
11.05.	San Augustine,T&T	UWI International ½ Marathon.	1:20:06	1 <sup>st</sup> .overall
10.08	Boston, MA.	BAA Half Marathon.	1:16:12	3 <sup>rd</sup> .overall
07.09	Utica, NY.	Utica Boilermaker Road Race 15k.	53:44	1 masters
07.04	Atlanta, GA.	Peachtree Road Race 10k	34:30	1 masters
06.17	Duluth, MN.	Grandma's Marathon.	2:50:03	2 masters
02.26	Tampa, FL.	Bank of America Marathon.	2:50:25	1 overall
01.23	Naples, FL.	Naples Daily News Half Marathon	1:15:35	1 overall
01.15	Houston, TX.	Chevron Houston Marathon	2:32:25	1 overall

### 2005:

01.16	Houston. TX.	HP Houston ½ Marathon.	1:13:36	3 <sup>rd</sup> .overall
01.30	Las Vegas, NV	Las Vegas Intern-I Marathon.	2:36:08	3 <sup>rd</sup> .overall

02.06 Tampa, FL	Bank of America Marathon.	2:38:18	1 <sup>st</sup> .overall
02.19 Fort Myers, FL	Edison Festival of Light.	16:25	1 <sup>st</sup> .masters
03.12 Jacksonville, FL.	Gate River Run 15k.	51:50	2 <sup>nd</sup> .masters
04.18 Boston, MA	BAA Boston Marathon.	2:41:05	2 <sup>nd</sup> .masters
05.01 Spokane, WA	Lilac Bloomsday Run 12k.	42:43	1 <sup>st</sup> .masters
05.14 Grand Rapids, MI	Fifth Third River Bank Run 25k.	1:29:50	2 <sup>nd</sup> .masters
05.30 Huntsville, AL.	Mercedes-Benz Cotton Row 10k.	34:33	1 <sup>st</sup> . overall
06.18 Duluth, MN.	Grandma's Marathon.	2:45:00	6 <sup>st</sup> .ov; 2 <sup>nd</sup> .mas
06.26 Fairfield, CT.	Fairfield Half Marathon.	1:15:19	1 <sup>st</sup> .overall
07.04 Atlanta, GA	Peachtree Road Race 10k.	34:06	1 <sup>st</sup> .masters
07.10 Utica, NY.	Utica Boilermaker Road Race 15k.	52:19	1 <sup>st</sup> .masters
10.09 Boston, MA	Boston Half Marathon.	1:15:19	3 <sup>rd</sup> .overall